

We pledge to:

- Engage with carers to identify key areas of health and social care which could be improved and to share these findings across practices:

Do GPs, medical staff and medical records identify carers and does this make a difference to their appointments?

Is a wide range of information to support carers readily available and offered when appropriate?

Are carers represented on Patient Participation Groups?

Are carers valued for the information they can contribute about the people they care for?

- Explore what needs to change to improve the mental health of carers.
- Build key objectives for carer's wellbeing into our future workplan.

